

CARTREFI CO-OP

Newsletter



Inside the Issue

COUNCIL OF MEMBERS

An introduction to the newly appointed Council of Members.

CO-OP STATISTICS

The number of Co-op members is growing, check out just how many like minded people have signed.

NATIONAL NEWS

Communities all over Wales are doing great things. We are sharing our members stories from Mid, North and South Wales.

MESSAGE FROM ADRIAN

We now know the names of the Co-op members who will be representing us at the highest level! But first of all, a big thank you to all those who stood for election, even if you just missed out on being elected. Your confidence and commitment deserves everyone's recognition and I can't think of a quicker way of doing that than to ask the whole company to join me in giving respect to Audrey, Mark, Michele, Llinos, Scott, David, Glyn, Jonathan and Rachael.

Sound of trumpets!....Tarantara!!.... Congratulations to Nae, Samantha, Robert and Yvonne who were elected to the four seats representing People We Support members. You had confidence in yourselves, and now other people have shown

confidence in you. Really well done!

Thanks also to Lydia, Carole, Tina and Sioned (representing Employee members) and David, Mark, Robert and Arfon (representing Community Supporter members). Although there was no election for these seats this time, we should all be grateful that you have put yourselves forward, and are prepared to give your time and talent to the task of making Cartrefi as good as it can be.

Now the real work (and fun) begins. Our 12 Member Representatives will shortly be invited to spend some time together, getting to know each other, and learning about their important responsibilities.

The highest responsibility will be to appoint the Trustees who run Cartrefi. The Council will also meet with the Board of Trustees and jointly approve things like:

- What we spend our money on
- How much we pay our staff
- What our values and goals are
- Who has the power to do what
- What our co-op rules are

Being a co-op means sharing power with members, and it means being open about important information and decisions. Watch this space for more and more information, and to hear about your Council in action.



MID WALES STORYGATHERING

by Alys Phillips

Co-op members from across Mid Wales attended a story gathering session in Brecon. Employee, staff and community supporters got together to share their experiences of Cartrefi. Everyone worked in groups to tell their story, and voted to choose their favourites. There were 12 stories selected. These will be looked at by the Forum Chairs and Council of Members to evaluate Cartrefi's performance as a health and social care provider, and a co-operative.



Pictured: Members enjoying the co-operative buffet

Thank you to those who attended and contributed to such a positive day, and a special thank you to those responsible for the co-operative buffet. A similar event will be held in North Wales later this year.

SUMMER SHOW

by Barbara Thomson

Our annual summer show is returning on Sunday 9th September at Brecon Market Hall. It promises to be a fun filled inspirational day. Everyone is invited to join in, there will be lots of competitions to enter; Cookery, Arts and Crafts and even Home Brewing! A selection of stalls will also be available to browse.

If you would like to contribute to the day by volunteering your time, please contact Barbara on 01874 625386 or email barbara.thomson@cartrefi.coop

For a full show schedule, and entry form visit <http://bit.ly/Summershow18>



COME AND JOIN US ON SEPTEMBER 9th 2018
FOR A DAY OF FUN FILLED COMPETITIONS,
CRAFT STALLS AND MUCH MORE
TO BE HELD AT THE MARKET HALL IN BRECON
12NOON TILL 5PM

PRIDE CYMRU

by Alys Phillips

Come and Join us @PRIDE CYMRU'S Parade



- Raise Awareness
- Promote Equality
- Celebrate Diversity
- Have Fun

Contact info@cartrefi.coop for more info

“ I'm very excited to be involved in such a great initiative that will bring people with learning disabilities together to discuss individuality freely ”

Saturday August 25th
Churchill Way
10am



We are inviting members to celebrate equality and march in this years Pride Cymru parade. Pride is committed to providing additional support to allow all visitors to access their events. This includes a 'safe space' towards the front of the parade, the use of a 'golf buggy', viewing platforms and a sign language interpreter.

The parade will meet on Saturday August 25th, at Churchill Way, Cardiff at 10am. For directions to the meeting point a walking map is available to view at <http://bit.ly/Pridewalkingmaps>.

To register for the parade please email communication@cartrefi.coop



Pictured: Last year's Pride

COUNCIL OF MEMBERS

by Alys Phillips

As you will be aware we did not receive enough nominations in the Employee and Community Supporter category to hold elections. Our Board of Management therefore decided to co-opt all those Employees and Community Supporters who put themselves forward. We had plenty of nominations from the People We Support and so an election to identify four representatives was held. Voting for the People We Support representative has now closed and we can announce the successful candidates.

The Community Supporter representatives are:

Robert Quarrel (National)

David Wilton (South)

Mark Morgan (Mid)

Arfon Wyn (North)

The Employee representatives are:

Lydia Evans (National)

Carole Humphreys (South)

Tina Stamp (Mid)

Sioned Evans (North)

The People We Support representatives are:

Robert Moore (National)

Samantha Taylor (South)

Nae Cook (Mid)

Yvonne Williams(North)

The Council of Members will actively represent the views and opinions of all our members, and we are confident that it will establish itself as a powerful voice for members. An induction will be held in August to introduce our representatives into their new role.

MY OWN INDEPENDENT FLAT

by Joseph

Cartrefi helped me to move into my own flat. I used to live with my mum and dad but since October 2017 I have lived independently. This makes me feel happy and it has helped me to become more confident. I do cleaning and cooking, and like to go to Cwmbran. I am also in Crosskeys college. Now I am supported by Cartrefi I have been given more opportunity to go places, I have been supported to Dan Yr Ogof Caves and Cwmbran. I am also looking forward to going to Techniquist with staff.



Pictured: Joseph at the Summer Ball

I am much calmer in my own flat. I still visit my mum and dad though, especially at Christmas. They have more freedom now, they have even booked a holiday!

Before I moved into my flat, Cartrefi worked with me for two months so I could get to know staff. I also attended a training flat to learn new skills to prepare myself for living away from my parents. My Mum and Dad are very impressed with my new independence and can't believe the skills I have now.

DID YOU KNOW?

Community shares schemes are a way of raising money to fund a project. They can be used to save local shops and pubs, finance renewable energy developments, transform community facilities, or fund new sports clubs; the choices are endless.

The benefits of community shares are:

- Community shares are a perfect way for communities to invest in enterprises serving a community purpose
 - Investors have the satisfaction of knowing they have helped change their communities for the better
 - Investors have a democratic say in how their scheme is run
Shareholders have one vote each, regardless of their shareholding
 - Investors have the potential to make a return on their investment
 - Investors could trade volunteer hours on the project for shares
 - Helps build strong independent communities
 - Helps fund projects which might struggle to find traditional forms of investment
- If you want to know more or think that community shares could be the way forward for a project you have in mind, visit communityshares.wales.coop.

CO-OP QUESTION

Co-ops believe in Education and Training for their members. They do this for two reasons:

- So that members can learn things that help them be confident and happy as people
- So that members can learn things that help their co-op be successful

What would you most like members to learn about?

Send your answer to info@cartrefi.coop. The best answer will be published, put into practice, and win a prize of £25.

GET IN TOUCH

Share your Co-op story with us to feature in next month's newsletter.

 02920 642 287

 info@cartrefi.coop



MEMBER STATISTICS

We currently have

467

Co-op members across Wales

GET CONNECTED



@CartrefiCymruCoop



@CartrefiCymru



Cartrefi Cymru Co-operative